

Treatment Providers in Wright County

- Central MN Mental Health, Buffalo & Monticello
763-682-4400
- Village Ranch, Cokato
320-286-2922
- Lakeside Academy (Adolescent), Buffalo
612-373-3366
- Maple Lake Recovery Center Inc (Adolescent), Maple Lake
320-963-6865
- New Beginnings Waverly LLC, various locations
763-658-5800
- Nystrom & Associates LTD, Otsego
763-746-9492

Naloxone is available at local pharmacies

Naloxone is a potentially lifesaving drug that can reverse an opioid overdose. Many pharmacies can provide Naloxone without a prescription.

For more information, visit www.meada.net

A collaborative effort of the Wright County Opioid Action Team and supported by the Statewide Health Improvement Partnership.

Treatment Providers in Wright County

- Central MN Mental Health, Buffalo & Monticello
763-682-4400
- Village Ranch, Cokato
320-286-2922
- Lakeside Academy (Adolescent), Buffalo
612-373-3366
- Maple Lake Recovery Center Inc (Adolescent), Maple Lake
320-963-6865
- New Beginnings Waverly LLC, various locations
763-658-5800
- Nystrom & Associates LTD, Otsego
763-746-9492

Naloxone is available at local pharmacies

Naloxone is a potentially lifesaving drug that can reverse an opioid overdose. Many pharmacies can provide Naloxone without a prescription.

For more information, visit www.meada.net

A collaborative effort of the Wright County Opioid Action Team and supported by the Statewide Health Improvement Partnership.



Opioids

In a world of crisis,
be part of the solution.

Learn how proper use
can be the difference
between speedy recovery
and addiction.

Prescription opioids

- Effectively treat pain by blocking pain signals from the brain to the body
- May cause physical and/or psychological dependence, withdrawal symptoms, addiction, overdose, and death
- Commonly prescribed: hydrocodone, oxycodone, morphine, codeine, fentanyl

Non-opioid alternatives include

- Exercise
- Physical therapy
- Rest
- Ice, heat, or elevation
- Non-opioid medications (i.e. Tylenol or ibuprofen)



Opioids

In a world of crisis,
be part of the solution.

Learn how proper use
can be the difference
between speedy recovery
and addiction.

Prescription opioids

- Effectively treat pain by blocking pain signals from the brain to the body
- May cause physical and/or psychological dependence, withdrawal symptoms, addiction, overdose, and death
- Commonly prescribed: hydrocodone, oxycodone, morphine, codeine, fentanyl

Non-opioid alternatives include

- Exercise
- Physical therapy
- Rest
- Ice, heat, or elevation
- Non-opioid medications (i.e. Tylenol or ibuprofen)

Signs of potential dependence

- Feeling anxious, always thinking about the next dose, or fear of your prescription running out
- Taking more medication than prescribed
- Craving or having a strong desire to take your medication
- Needing more medication to get the same effect
- Participating less in usual activities at work, school, or home (not due to restriction or pain)
- Feeling sick when you do not have your medication

Overdose prevention

- Never mix with alcohol, sleeping pills, anxiety medication, or illegal substances
- Never take more than prescribed
- Do not make up missed doses
- Lock up medications and store them out of reach of children
- Dispose of unused medications
- Seek help if there are signs of dependence

Signs of potential dependence

- Feeling anxious, always thinking about the next dose, or fear of your prescription running out
- Taking more medication than prescribed
- Craving or having a strong desire to take your medication
- Needing more medication to get the same effect
- Participating less in usual activities at work, school, or home (not due to restriction or pain)
- Feeling sick when you do not have your medication

Overdose prevention

- Never mix with alcohol, sleeping pills, anxiety medication, or illegal substances
- Never take more than prescribed
- Do not make up missed doses
- Lock up medications and store them out of reach of children
- Dispose of unused medications
- Seek help if there are signs of dependence

Signs of an overdose

- Inability to wake or unresponsiveness
- Slow, shallow, or paused breathing
- Gurgling sounds in the throat
- Slow heart rate
- Blue or pale lips or nails



Responding to an opioid emergency

- Call 911
- Provide two rescue breaths
- Administer naloxone, continue rescue breathing
- If little to no response in two minutes, repeat

If you or a loved one is experiencing dependence on your medication, THERE IS HELP!

SAMHSA National Addiction Helpline

- Open 24/7 year-round
- 1-800-662-4357



Wright County Health & Human Services

- For resources and support, call 763-682-7400

Signs of an overdose

- Inability to wake or unresponsiveness
- Slow, shallow, or paused breathing
- Gurgling sounds in the throat
- Slow heart rate
- Blue or pale lips or nails



Responding to an opioid emergency

- Call 911
- Provide two rescue breaths
- Administer naloxone, continue rescue breathing
- If little to no response in two minutes, repeat

If you or a loved one is experiencing dependence on your medication, THERE IS HELP!

SAMHSA National Addiction Helpline

- Open 24/7 year-round
- 1-800-662-4357



Wright County Health & Human Services

- For resources and support, call 763-682-7400